**Table 3.** Plasma markers of CK, MB and CRP for the LOW, HI and SHAM treatment groups. Values are presented as mean ± SD.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Pre** | **Post** | **24 h** | **48 h** | **72 h** |
| **CK (IU.L-1)**  LOW  HI  SHAM | 184.3±152.3  207.7±218.6  217±298.5 | 418.9±722.3  401.6±333.4  258.2±332.9 | 368±440.7  345.7±371.4  277.3±326.4 | 280±259.8  318.8±355.3  284.9±355.4 | 168.5±82.5  380.9±438.4  345.1±579.7 |
| **Mb (ng.ml-1)**  LOW  HI  SHAM | 434.3±107.0  458±182.2  490.4±88.5 | 489.8±186.1  571.5±155.7  585.8±180 | 534.1±204.8  519.7±145.7  480±170.2 | 439.5±155.3  454.8±261.9  487.7±158.8 | 504.1±194.7  566.7±159  429.7±128.3 |
| **CRP (pg.mL-1)**  LOW  HI  SHAM | 2.5±0.7  2.6±0.7  2.3±0.5 | 2.3±0.8  2.5±0.9  2.2±0.8 | 2.4±1.0  2.3±0.6  2.5±0.9 | 2.2±1.0  2.3±0.9  2.1±1.0 | 2.3±0.9  2.4±1.1  2.3±1.0 |