**Table 1**. Participant characteristics for the low compression pressure group (LOW), high compression pressure group (HI) and sham ultrasound treatment group (SHAM). Values are presented as mean ± SD.

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Age (yrs)** | **Height (cm)** | **Weight (kg)** |
| **LOW** | 29.2±4.7 | 173.6±11.7 | 73.3±17 |
| **HI** | 32.7±7.8 | 175±7.4 | 71.7±7.2 |
| **SHAM** | 28.3±4.1 | 174.1±9.4 | 71.7±10.2 |