**Table 3.** Plasma markers of CK, MB and CRP for the LOW, HI and SHAM treatment groups. Values are presented as mean ± SD.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Pre** | **Post** | **24 h** | **48 h** | **72 h** |
| **CK (IU.L-1)**LOWHISHAM | 184.3±152.3207.7±218.6217±298.5 | 418.9±722.3401.6±333.4258.2±332.9 | 368±440.7345.7±371.4277.3±326.4 | 280±259.8318.8±355.3284.9±355.4 | 168.5±82.5380.9±438.4345.1±579.7 |
| **Mb (ng.ml-1)**LOWHISHAM | 434.3±107.0458±182.2490.4±88.5 | 489.8±186.1571.5±155.7585.8±180 | 534.1±204.8519.7±145.7480±170.2 | 439.5±155.3454.8±261.9487.7±158.8 | 504.1±194.7566.7±159429.7±128.3 |
| **CRP (pg.mL-1)**LOWHISHAM | 2.5±0.72.6±0.72.3±0.5 | 2.3±0.82.5±0.92.2±0.8 | 2.4±1.02.3±0.62.5±0.9 | 2.2±1.02.3±0.92.1±1.0 | 2.3±0.92.4±1.12.3±1.0 |