

Table 1. Cycling performance during all races (Part1).

Cycling performance outcomes	All cyclists (n = 36)	Range	Superfinal (n = 22)	Final A (n = 14)
Track event				
250m track time (s)	18.1 ± 1.0	[16.3;20.7]	17.6 ± 0.7	18.8 ± 0.9 *
1000m track time (s)	79.1 ± 4.3	[72.5;88.2]	77.2 ± 3.3	82.2 ± 3.9 *
Track fatigue index (%)	-9.3 ± 2.4	[-5.3;-16.2]	-9.3 ± 2.3	-9.3 ± 2.6
Criterium main race				
Time trial (s)	102.4 ± 4.6	[93.6;115.5]	100.4 ± 4.3	105.5 ± 3.3 *
Fastest lap during race (s)	94.4 ± 3.7	[88.0;99.7]	92.4 ± 3.1	97.7 ± 1.1 *
Heats average lap time (s)	100.8 ± 4.0	[94.9;109.3]	98.7 ± 3.3	104.3 ± 2.1 *
Finals average lap time (s)	99.3 ± 3.6	[94.1;105.3]	97.3 ± 3.2	102.3 ± 1.3 *
Heats fatigue index (%)	-6.8 ± 2.3	[-3.5;-11.8]	-6.8 ± 2.4	-6.7 ± 2.0
Finals fatigue index (%)	-5.1 ± 1.7	[-2.9;-9.6]	-5.4 ± 1.6	-4.7 ± 1.6

Values are presented as mean ± standard deviation (SD). \*: significant differences between cyclists from superfinal and final A ( $P < 0.05$ ).